

Kings Mountain ECHO



March 2016
Volume 12, Issue 3

Dear Neighbors,

To serve our community as a volunteer firefighter, recruits must complete California State Fire Academy requirements taught by professional trainers. These folks put in 200+ hours, giving up both weekend days pretty much for all of Feb. to May. Your editors thought it would be interesting to find out more about these selfless neighbors. Read what they told us in this issue.

Jerry Olsen also shared his story about the damage, reconstruction and reopening of The Mountain House. The restaurant was sorely missed after the accident, so it was a treat to receive this message from Jerry during the recent storm: It read, "Power out... Cold...Hungry? We're open." Hooray for that! Welcome back Mountain House, from all your neighbors!

Remember, it's almost Spring. Time to meet and greet your neighbors at the annual KMA Spring Brunch, work in your garden and best of all, hike the many wonderful trails on Kings Mountain.

Warm Regards,

Sam & Eileen
Echo Editors



Welcome Back Mountain House!

The Story of the Storm Damage, Reconstruction and Reopening of The Mountain House Restaurant as told by Jerry Olson to The Echo

The storm that hit Kings Mountain on December 22nd was a real gully washer with mighty winds thrown in for good measure. Jerry & Lorraine Olson closed up The Mountain House that evening and wished their employees a Happy Holiday. They would all be on vacation and the restaurant closed until shortly before New Year's Eve. Tuesday morning a cleaning crew employee awakened the Olsons with a call at 6:30 AM. He was at The Mountain House and said a branch had come through the roof. Jerry rushed to his window and could tell immediately that it was more than a branch. The whole dining room roof had collapsed. Jerry and Lorraine put on rain gear and raced to the restaurant to find the top of tree about 100 feet from the site at broken off, crashed through the roof, taking down the ceiling, smashing chairs, tables and flooring. Their first reaction was absolute shock followed by what could only be described as sadness. While still somewhat dazed, Jerry said, they both soon realized how lucky they were the restaurant was closed when it happened. No customers or employees were hurt.

The next hours became a whirl of emergency activity. Mountain Man tree arrived in ½ hour and Sheedy Crane got there only an hour later. The huge tree had to be trimmed to let the crane get in to pull out the main trunk and relieve pressure on the outside walls. Meanwhile, Bill Allen, a friend and electrician who lives on the mountain, immediately responded to Jerry's call to secure the live electrical. Everyone was very responsive and got the restaurant secured from the rain with plastic within about 8 hours.

For two weeks, the aftermath activity felt sort of surreal. "An accident like this makes you realize how quickly things can change," Jerry said. Farmers Insurance flew a representative out from Oklahoma right away and the company was great throughout the whole ordeal. The San Mateo County Building Department was also very co-operative. Approval for the work was quick because no changes to the structure were being made. While the complicated reconstruction kept the restaurant closed for about 60 days, Farmers Insurance paid employee salaries for the entire period. This was the insurance company's most important service as far as Jerry and Lorraine were concerned. The Mountain House has many great, long-time employees who are much appreciated by the Olsons, community patrons and other diners. Every single employee returned to work when The Mountain House was ready to reopen. Thus, the restoration actually encompassed both the look and marvelous spirit of The Mountain House.

The first three weeks of reconstruction was spent identifying all the needs and completing a structural engineering plan to ensure the building was once again completely sound. The iconic fabric walls that reduce noise in the dining room were saved by effective plastic covers secured while rain poured in from the open roof and ceiling. The wait for the manufacture of structural tresses took weeks. A huge crane was then used to lift the tresses and put them in place. After that massive task, the finishing construction went quickly.

The Mountain House reopened February 19th. The reservation line was flooded with calls for reservations and messages filled with good wishes from the community. Although we are sure the whole experience was a test of endurance for Jerry and Lorraine, the closure seemed interminable to everyone on Kings Mountain too. So, welcome back Mountain House! We missed you terribly.

(PS. If you stand in the parking lot, you can see the tree about 100 feet in back of the restaurant.)



KMA Board Meeting Minutes – February 18, 2016

Call To Order: Sybil Plank called the meeting to order at 7:05pm.

Attendance:

Board members: Sybil Plank, Kathy Shubin, Linda Gang, Ingrid Hegerberg, Sam Penman, and Eric Soult

Guests: Kerry Kemling

Secretary's Report: January minutes were preapproved.

Treasurer's Report: Linda Gang presented the Treasurer's Report which included rent paid and memberships dues/donations. Approved.

Public Notices Received by KMA:

Septic Regulations:

There are/will be new septic regulations for the County. Some residents requesting additional information from KMA, however, they have been directed to check the links previously reported or to check directly with the city office. We will monitor the issue and if need be, may conduct a forum with a representative from the County and Public Health.

Old Business:

Newcomers Packet:

Ingrid Hegerberg has almost completed updating the Newcomers packet, with the PDF version expected by the end of March. A recipient spreadsheet will be created.

New Business:

Spring Brunch:

Kathy Shubin and Sam Penman to chair this event, and take care of cold food, beverages, tableware, and flowers. Larry Mann has graciously offered (again) to order the food and wrangle the cooks. Pat Wurster is designated bar tender for the Fizz's. Hailey and Heather Winnen will handle the packing and hiding of the Easter eggs. Kerry Kemling will check families and guests in, and Linda Elliot will organize the table decorations.

Nominating Committee:

The nominating committee has identified Kate Rouch as a potential new member of the KMA Board, to replace Bob Moriarty. Elections will take place in May 2016 at the Annual Dinner. If you are interested, the Bylaws are available for you to review via the KMA website.

Document Shredding:

The date for this event is TBD pending scheduling arrangements with the relevant company.

2016 KMA Annual Event Dates:

Spring Brunch 3/20/16

Annual Dinner 5/7/16

Summer BBQ and Car Show 7/9/16

Halloween 10/31/16

Holiday Party 12/3/16

Walk Ins:

Feedback received by the board via the membership form was positive and many mentioned what a great job they thought we were doing.

Some suggestions by members for other events include a blood drive and talent show.

Kings Mountain signs on Skyline and high speed internet options are a couple of examples of issues to look into on residents behalf.

Kerry Kemling is still trying to find a link and app for board members to access SugarSync. A "How To" manual of the overall process almost finished.

Next Meeting: March 17, 2016

About the "Phleger Station"

The Kings Mountain Firehouse/Community Center was designed by resident architect John Cole, and built by community volunteers more than 50 years ago. The property on which it sits was generously donated by the Phleger Family for the primary purpose of use as the KMVFB Fire Station. The KMVFB is an approved 501(c) 3 non-profit organization and owner/operator of the facility for community benefit.

The KMVFB welcomes community use of its facilities for non-fire protection purposes. It is the site of most activities of other Kings Mountain non-profit groups. Community residents may rent the Firehouse/Community Center for special events. The complete policy regarding the conditions that apply to these uses, fees and contracts can be found at www.kingsmountainonline.com. Although the KMVFD relies heavily on community volunteer labor and support to manage and maintain this facility, there are substantial usage costs associated with maintaining the building (such as electricity, propane, water, cleaning, trash removal, maintenance, insurance, etc.). The KMVFD charges building use fees to offset some of the usage costs, not to discourage use of the building. Building use fees are considered non-profit, fund-raising efforts to comply with the KMVFB tax-exempt status, and are not considered a tax-deductible contribution.

Inside the Kings Mountain Volunteer Fire Brigade

By Steve Johnson



CPR for new Recruits

I've been a CPR instructor for about 20 years. I've taught many volunteer firefighters and community residents how to do CPR. I just taught an American Heart Association "BLS" – basic life support and health-care provider course for the county's new class of firefighter recruits—over half the 11 students were Kings Mountain recruits.

California requires all firefighters, including volunteers, to have qualified medical training: CPR and AED (Automated External Defibrillator) for Healthcare Providers. In addition they need to train as an EMT (Emergency Medical Technician) or First Responder. Training for an EMT, takes about 120 hours, plus a written test and ambulance ride-along. EMTs are licensed by the state of California. First Responders training takes about 60 hours and are not licensed. All Kings Mountain volunteer firefighters need to be either First Responder or EMT trained before going on medical emergency calls.

This was a fun class for me. I got to meet our new recruits, including Nick Kromat, who has returned to Kings Mountain after growing up here. Another student was Sarah LoCoco. Sarah's mom Pam was a Kings Mountain volunteer before they moved. They were an enthusiastic group who did a first class job of learning and practicing new skills. They learned how to:

- Perform one and two person CPR for adults, children and infants, including use of a BVM – Bag Valve Mask to more effectively give breaths

- How to push "Hard and Fast" at a rate of 100-120 compressions/minute. Each student performed at least 1,000 compressions on manikins over the time of the class.

- Use an AED – Automatic External Defibrillator which can shock a trembling heart back to life. We have a public use AED at the community center.

- Treat choking using the "Heimlich maneuver." Did you know that Henry Heimlich is still alive? I heard him on NPR. I wonder how many lives he has saved over the years

These recruits are now prepared to use CPR and AEDs to save lives both when they respond to emergency calls and everywhere else. They will be learning many additional emergency response skills as they continue their Fire Academy training.



Left to right: Mario Miu, Anders Holrick-Thomas, Robbie Parry, John Curcio, Ann Gabrys, Nick Kromat, Wade Watkins, Aaron Perist, Sarah LoCocco, Andrew Gonsalves, Kelly Sanderson. Not pictured: Sean Fender, Andrew Dellinger; Instructors: Steve Johnson, Kathleen Bevin.



CPR and You

Research has shown that if someone collapses due to cardiac arrest, his or her chances of survival go up significantly if CPR is started within 4 minutes of collapse. It goes up even more if an AED is used. Attend a CPR class if you have the chance – you may save a life too! Later this summer, I'll be offering a new AHA Heartsaver CPR class for community members. These instructions were updated in 2015, based on the latest science.

Safety Tip of the Month: Hands Only CPR

Even if you can't attend a class, you can still do Hands Only CPR with little or no training. There is no rescue breathing or kissing involved. Just Google Hands Only CPR to get several links. There is also a British video featuring actor Vinnie Jones – I call it my 2 minute CPR lesson. Here's the link: <https://www.youtube.com/watch?v=ILxjfb4zNk>

Contact me at sfjohns@pacbell.net for more information.



Are you a member?

It's time to join or renew your 2016

KMVFB membership!



Annual membership dues are \$35,
any additional donations are encouraged.

Please address check to:
Kings Mountain Volunteer Fire Brigade, Inc.
13889 Skyline Blvd
Woodside, CA 94062

Or use PayPal:

Donate with **PayPal**

Please use PayPal link at
www.kingsmountainonline.com/kmvfb

Name _____

Address _____

Phone _____ Email _____

The KMVFB is a nonprofit 501(3)c organization. All dues and donations are tax deductible. Tax I.D # 94-1650185

Meet the New Kings Mountain Firefighter Recruits

Ann Gabrys has lived on the mountain since August. She is originally from the Mid-West but moved to California about 10 years ago. Ann is a Manager Electrical Engineer specializing in semi-conductor circuitry (MEMS). When she and her husband learned about the need for Kings Mountain Firefighters, they decided to sign up “because it was the right thing to do,” she said.

John Curcio grew up in New York and was a Volunteer Firefighter in Goshen, where he lived after college in Rochester. John is Ann’s husband and is also an Electrical Engineer, although they work at different Silicon Valley companies. After years of not knowing their Santa Clara neighbors, they started looking for a home during a red hot real estate market. A house on Big Pine “popped up” and they decided to look because the area looked beautiful and worth any extra commute. They were surprised to find a vibrant community in this rural setting. The firefighter training is much more rigorous than John’s previous stint.

Mario Miu has lived on Kings Mountain for two years. He is a Systems Engineer at Oracle. Soon after moving to Big Pine, his neighbor Joe Rockmore suggested he consider getting involved in the community by joining the Fire Department. Mario was busy with new homeowner projects and said he needed time to get established. “Rocky gave me a year and a half before bringing up the topic again.” By that time, Mario said he was ready to give back and get involved.

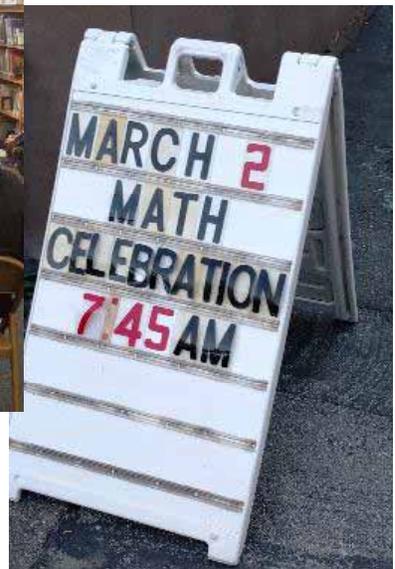
Andrew Dellinger grew up in Southern California and attended U.C. Santa Cruz. There he met his now wife, Emily Phelps. As you might imagine, Andrew spent many hours volunteering at the Kings Mountain Art Fair during his time courting Emily. I met lots of people and already felt part of the community before we moved here. Andrew thinks becoming a Firefighter gives him an opportunity to respond to a community need. Professionally, he is a land surveyor.

Sean Fender moved to the mountain 8 months ago. He was Andrew’s college roommate at UC Santa Cruz and majored in geology. He volunteered at Art Fair with Andrew and Emily for many years. He says firefighter training is a challenging time commitment, but worth it. He works with Andrew as a land surveyor and also works part time as a Fitness Instructor.

Nick Kromat grew up on the Mountain and was a Kings Mountain Firefighter from age 18-22. His certifications expired while living out of state so he is re-training to join the Department again. Nick briefly considered fire science as a college major but became an entrepreneur instead. He built and sold two businesses before moving back to the mountain 5 years ago with his wife. Nick’s company installs video equipment mainly for home theaters, and home security surveillance. He is co-chairman of parking and shuttles at the Art Fair as well as joining the KMVFD once again.

Kelly Sanderson grew up in Oregon and completed college at Georgetown in Washington DC. She has lived on the mountain for 6 months and works as a nurse practitioner at Stanford Primary care. Part of her motivation for joining the KMVFD was that it was a natural fit with her interests and skills. Also, her father was a volunteer firefighter in their small Oregon hometown, so she knew how important it is to the community. Kelly also serves on the KMPA Board at KMES.

Anders Holvick-Thomas grew up in Atherton and graduated from UC Santa Cruz. He is a Commercial Property Manager who has lived on the mountain for 2 years. Volunteering has always been a part of his life but KMVFD training has definitely been the most exciting. Anders was motivated to join after meeting the KMFD volunteers. He said, “I saw how professional and altruistic they all are and deep down, it’s something I have to be part of.”





Kings Mountain Elementary School

A CALIFORNIA DISTINGUISHED SCHOOL

Kings Mountain Elementary School News

- February was such an uplifting month at Kings Mountain Elementary School. The daylight hours were brighter and warmer and the students focused on the fitting theme of "friendship" this month.
- All the classrooms celebrated Valentine's Day on Friday, Feb. 12th, bringing cards for classmates and enjoying snacks and games during their parties.
- The 4th and 5th grade class wanted to let the community know that they voted on "**Zluto**" as a name for the new planet. "Kronos" came in a very close second. Maybe we have some future astronauts on the mountain!

The success of the 2015 Art Fair allowed the Art Fair board to fully fund the KMPA (aka KMES Ed Fund) grant request this year. The school library has been set up to better serve student needs and looks better than ever, thanks to new library books and three beautiful new tables and chair sets made possible by the Art Fair grant. Previously, the library had none, thus kids sat on the floor to read. Students and teachers feel they have a real library now! Other program enhancements, furniture and school supply upgrades requested by the teachers and parent site council, approved by the KMPA have also begun to arrive. They included new "flip top" desks for K-1 that replaced 13 year-old desks received from Hatch (not lift up, making it difficult to see inside and organize); plus, age appropriate pleasure reading books for every classroom and new Math text books selected by KMES teachers.

KMES Principal, Diane Siegal, organized a "Math Celebration" after the books arrived. The purpose was to give parents a chance to learn about how math, aligned with the State mandated common core, is being taught at KMES. Here is what parent Kelly Sanderson wrote about the event.

Diane's talk focused on the changes in the math curriculum, which are aligned with the Common Core standards. Common Core has shifted math such that no longer is it acceptable to just be able to plug in numbers, follow the rules, and get an answer that is "right" or "wrong". Instead, students are evaluated on how they arrive at their answers, and there is a lot more focus on what these numbers and equations all mean in the real world. A couple of parents asked questions that were mostly focused on how their students were going to be assessed in this new way of learning math, both in an ongoing basis in the classroom, and also during state standardized tests. (It's not immediately obvious how you would do this!) After the talk, parents were invited to go to their kids' classrooms to learn more about how they were learning math. (In the case of the 4/5 class, I got to observe the students learning about fractions. It was a very different picture than how I grew up! In this case, the entire class was all gathered around the SMART Board, and was working with partners to answer questions that Maile asked. In many cases, there was more than one right way to achieve the right answer, and each pair was asked to demonstrate how they got there. It was a very casual, supportive learning environment.)

Editor's Note: My neighbors attended the Math Celebration so they might understand the math their grandson is bringing home from Kindergarten. Personally, I think all California schools should position math as a "celebration." I recall Math as being a rote memory drag. I'm betting the KMES celebration concept of teaching will inspire a lot more enjoyment and understanding of math. Principal Siegal presented a Reading Celebration earlier in the year. Parents can expect another celebration learning experience in upcoming months.

**Join the Kings Mountain Association! Get involved in your community!
KMA Membership Application Form**

****Please print legibly if you are completing this form by hand****



Name _____

List primary member name before other household members' name(s)

****Propane customers: List primary member's name identically to the name on company records****

Kings Mountain Address _____

Property address owned or rented on Kings Mountain

Preferred Mailing Address _____

If different from Kings Mountain address

Contact Telephone _____ email address _____

****required****

When did you move to Kings Mountain? _____
year

May we publish your name as a member of the KMA? yes no

May we contact you by mail or email to keep you up-to-date on KMA activities or to ask for your opinion on issues?
 yes no

OPTIONAL

Please help KMA meet your needs by telling us a little about yourself

OPTIONAL

How do you learn what is happening on Kings Mountain? KM Yahoo Group The Echo
Check all that apply kingsmountainonline.com Word-of-Mouth
 Other _____

If you purchase propane for use at your Kings Mountain address, what supplier or company do you use?

What suggestions or ideas do you have for ways in which KMA might best serve the community?

Is a member of your household interested in serving on the KMA Governing Board or in participating in the KMA in some way? *Checking yes or maybe does not obligate you in any way* yes maybe

If you answered yes or maybe, please provide the name of the interested member and any particular area(s) of Interest. _____

OPTIONAL

OPTIONAL

All KMA memberships run for a calendar year, and the annual membership fee is \$25 per household. Additional donations are gratefully accepted; every extra penny helps the KMA fulfill its mission of improving community life on Kings Mountain. For additional information, email KingsMountainAssociation@gmail.com.

Please complete and return this form with your check made payable to "KMA" to:

**KMA Treasurer
Kings Mountain Association
13883 Skyline Blvd.
Woodside, CA 94062-4573**

Please Note: Based on the information you provide, a member of the KMA Governing Board will contact you if you do not qualify for regular membership in the KMA. Renewal forms are due February 1 for membership year.

2016 ART//SKY Sculpture Tours

Reservations for March-May Sculpture tours at the Djerassi Artist Residence Program opened February 23 and are already booked. Tours beginning June-August will take reservations on line only starting Tuesday, April 26th at 9 AM. If you have never toured this magnificent 583 acre property, it is well worth doing. The walking tours last about two hours, winding along forested paths and open meadows where you observe and learn about a selection of the more than 132 site-specific sculptures created on the property by resident artists since 1979.

The Djerassi Program offers residencies, at no cost, to artists in the disciplines of visual arts, media arts, music composition, choreography, and literature. Artists selected by peer panels are offered room, board, and studio space for one of the 6, 29-day sessions during the season, which runs from mid-April through mid-November. Participants come for all over the world.

Free docent-led hikes (Reservations limited to 2 places)

Registration link live on Tuesday, April 26 at 9 AM PDT

- 6- Saturday, June 4 - 10am
- 7- Thursday, June 16 - 10am
- 8- Monday, June 20 - 10am
- 9- Thursday, August 4 - 4pm
- 10- Monday, August 8 - 4pm
- 11- Sunday, August 21 -4pm
- 12- Sunday, August 28 - 4pm

For more information about the tours, history of the remarkable Djerassi Artist Residence Program and the work of current and alumni program artists go to www.djerassi.org

Time to Get Out in the Garden!

Have you been wondering what grows best on Kings Mountain, or what plant adds an especially vibrant look to your landscaping. Your neighbors who garden have the answers and are happy to share their knowledge. The Spring Garden Club meeting will kick off the new season in early April. Join now!.

DATE _____	KINGS MOUNTAIN GARDEN CLUB 
NAME _____	
ADDRESS _____	
_____	Make checks payable to KMGC
TEL. (Optional) _____	Send completed form and fee to:
E-MAIL (Optional) _____	12520 Skyline Blvd. Woodside, CA 94062-4541
ANNUAL Fee: \$10 per Household	Call Peter at 747-9239 for more info.



Kings Mountain Association Presents
The Annual
SPRING BRUNCH
& EGG HUNT

Sunday, March 20

10 am to Noon

King's Mountain Community Center

Egg Hunt @ 11 a.m.

Brunch Served Continuously

Free for KMA members & their families

All others \$5 each



EVERYONE WELCOME!

March 2016 Kings Mountain Community Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	1	2	3	4	5
8:00am - 10:00am Astanga Yoga 10:30am - 11:45am Gentle Hatha Yoga 7:00pm - 8:30pm Sound Immersion, Restorative Yoga	Cleaning	4:30pm - 5:45pm Pilates-All Levels		6:00pm - 10:00pm Fire Dept. Training		7:30am - 5:30pm KMFD Fire Academy 7:30AM - 5:30 PM
6	7	8	9	10	11	12
7:30am - 5:30pm KMFD Fire Academy 7:30AM - 5:30 PM		4:30pm - 5:45pm Pilates-All Levels 7:30pm - 9:00pm KMFVB Board	Private Event - 6AM to 8PM	6:00pm - 10:00pm Fire Dept. Training		7:30am - 5:30pm KMFD Fire Academy 7:30AM - 5:30 PM
13	14	15	16	17	18	19
7:30am - 5:30pm KMFD Fire Academy 7:30AM - 5:30 PM	Cleaning 6:00pm - 10:00pm Kings Grove BOD	4:30pm - 5:45pm Pilates-All Levels 7:00pm - 8:00pm KM Park Water Board	7:00pm - 10:00pm KMAP Meeting	7:00pm - 9:00pm KMA Board		
20	21	22	23	24	25	26
KMA SPRING BRUNCH		4:30pm - 5:45pm Pilates-All Levels				ECHO Deadline
27	28	29	30	31	1	2
8:00am - 10:00am Astanga Yoga 10:30am - 11:45am Gentle Hatha Yoga	Cleaning	4:30pm - 5:45pm Pilates-All Levels 7:30pm - 10:30pm Art Fair Board Meeting				
3	4	5	6	7	8	9
8:00am - 10:00am Astanga Yoga 10:30am - 11:45am Gentle Hatha Yoga		4:30pm - 5:45pm Pilates-All Levels				7:30am - 5:30pm KMFD Fire Academy 7:30AM - 5:30 PM

Kings Mountain Volunteer Fire Brigade
13889 Skyline Blvd
Woodside, CA 94062

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